

## **Coping with Life**

Life has been made stressful  
by those who rule the roost  
It has become so complicated  
for all life to understand

There are many who find a way  
to cope with life as we know it  
They find something to ease the pain  
so their life can roll on day by day

Religion can be your anti-depressant  
or lots of alcohol will make you forget

Coffee is handy to help you relax  
or you eat candy to boost your energy

Junk food is on the cards to comfort you  
and illegal drugs are taken to fly with a high

Appearance can be changed so you can fit in  
or change who you are so others can respect you

Pets companionship is a great relationship  
to care for each other in Mother Natures life

“Are you in control of your life  
or is your life been controlled”

